

PathForward

Together, we end homelessness.
(formerly A-SPAN)



2023 Report to the Community

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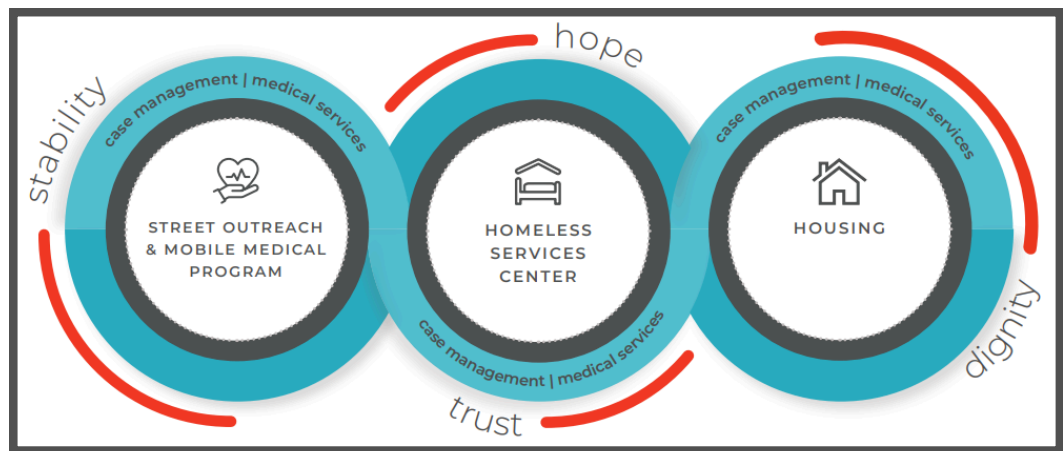
A MESSAGE FROM BETSY FRANTZ, PRESIDENT & CEO



Dear PathForward Friends and Supporters,

I begin this annual report with GRATITUDE. 2023 has been a remarkable year filled with incredible accomplishments and excitement for our future. Celebrating our 30th anniversary this year has given us a moment to reflect on our past achievements, reaffirm our mission, and strategically plan for an even more impactful future.

Over the past 30 years, PathForward has evolved as a life-saving organization that provides a broad array of services to adults experiencing homelessness. This year, we unveiled our new services graphic that we believe truly reflects the impact, depth, and breadth of services we provide every day to vulnerable Arlingtonians.



The visual depicts PathForward's three major areas of programming:

1. Street Outreach and our innovative Mobile Medical Program;
2. Homeless Services Center, which houses several programs including the Shelter, Day, and Medical Respite Programs;
3. Housing.

When I shared this graphic with some community leaders, many were surprised to learn that housing is our largest program. In fact, this year PathForward will have **three ways** to house people experiencing homelessness (Rapid Rehousing, Transitional Housing, and Permanent Supportive Housing). We support clients in over **125** apartments scattered throughout Arlington.

What makes us unique is providing our clients with ongoing “wraparound services,” which include case management and medical services. Through this holistic and comprehensive approach, we build trust with our clients, inspire hope, provide stability, and ultimately help our clients regain dignity.

As you read about the impact PathForward has made in this past year, please know that you, our incredible volunteers and donors have made these achievements possible. We simply could not do this work without you. Thank you so much!

With sincere gratitude,

Betsy Frantz
President & CEO

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MISSION



PathForward's mission is to transform lives by delivering housing solutions and pathways to stability for people experiencing homelessness. Through a comprehensive continuum of services, we work to provide them the opportunity to achieve stability and live free from the threat of homelessness.

VISION, VALUES, HISTORY

Vision

PathForward's vision is an inclusive and equitable community where all neighbors live stable, secure, and independent lives free from the threat of homelessness.

Values

Community – Community is... building and fostering an open, inviting, inclusive neighborhood of shared responsibility.

Dignity – Dignity is... the belief that everyone has inherent rights and qualities of self-worth and respect.

Impact – Impact is... profoundly and positively transforming the lives of those we serve.

Partnership – Partnership is... the active commitment to work with other organizations and individuals in the community to transform the lives of those most vulnerable.

Stability – Stability is... meeting basic human needs and achieving independence.

History

PathForward began in the late 1980s when two Arlington women saw a need in our community and acted. PathForward Founder Lora Rinker and friends began preparing and serving meals to people who were homeless and hungry two nights each week. Through this interaction, they learned of the many needs that people had while living unsheltered on the streets—they needed shelter, clothing, blankets, medical care, substance abuse treatment, mental health treatment, jobs, and, most importantly, housing.

This initial act of kindness led to a grassroots movement within the Arlington community that eventually became A-SPAN, which changed its name to PathForward in July 2021. PathForward has evolved over the last 31 years into an innovative, industry-leading organization with a full range of services that address all the needs that homeless individuals, veterans, and households have.

A BROAD SPECTRUM OF SERVICES



Street Outreach

- Building trust with clients-the first step in helping them access higher-level programs
- Helping with documentation
- Distributing hygiene and medical kits
- Providing bagged lunches

Day Program

- Access to shower, laundry facilities, and new, clean clothes
- Use of phone or mailing address to connect with loved ones or to apply for a job or benefits
- Case managers
- Connection to the Job START Program
- Referral to mental health or substance abuse treatments
- Referral for medical, eye, or dental care
- Assistance with eviction prevention or housing

Shelter Program

- Collaboration with Arlington Continuum of Care to ensure clients receive referrals to proper service provider
- Providing meals and place to sleep
- Case management, which includes help with navigating the health system and job-search support
- Access to mental health and substance abuse support, through collaboration with Arlington's Treatment on Wheels program

A BROAD SPECTRUM OF SERVICES (CONT.)



Rapid Rehousing and Transitional Housing

- Preventing people who are facing homelessness from reaching the streets or rapidly re-housing those who are already homeless.

Permanent Supportive Housing

- Providing housing for individuals and veterans who are chronically homeless and suffer from substance abuse and/or mental illness.
- Offering ongoing wraparound services, including assistance with medical issues and medication, advocacy, financial literacy, life skills, etc.

Shelter Program

- Access to shower, laundry facilities, and new, clean clothes
- Use of phone or mailing address to connect with loved ones or to apply for a job or benefits
- Case managers
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GERRY'S PATH TO DIGNITY & STABILITY



Gerry was a 70-year-old client who entered hypothermia in 2022. She came to PathForward from an emergency room and could barely walk. That first night in hypothermia, she had to sleep sitting in a hard-back chair. The next day, Kasia Shaw, our Nurse Practitioner, was informed that Gerry was in desperate need of medical care for chronic lymphedema with cellulitis and wounds. Kasia immediately moved her to a medical respite bed.

Prior to connecting with PathForward, Gerry frequented the emergency room with multiple admissions and follow-on stays in rehab facilities, because she was no longer able to live in her third-floor, walk-up condominium. While in the Respite Program, Kasia's team tended to Gerry's wounds and lymphedema on an almost daily basis. They were able to get her legs to heal and the lymphedema to go down to a level the client said she had never seen before. Not once during Gerry's 8-month Respite stay did she have to access an emergency room or be admitted. She regained mobility and ability and motivation to perform daily self-care on her legs.

This year PathForward housed Gerry in an ADA unit and she is thriving in her new home.



2023 HIGHLIGHTS



No Place Like Home

PathForward celebrated 30 years of helping to end homelessness in Arlington. The event, aptly called No Place Like Home, brought the community together to recognize our rich history, celebrate our successes, and generate excitement for our future.



Reopening Doors to Volunteerism

As the COVID pandemic became endemic, PathForward was delighted to welcome volunteers back on site. Our volunteers are valued and hardworking supporters, serving meals, bagging lunches, assembling hygiene kits, making blankets, and much more!



HUD Grant for Transitional Housing and Rapid Rehousing

Receiving the HUD Grant for Transitional Housing and Rapid Rehousing allowed PathForward to provide timely assistance to clients in immediate need of housing.

ORGANIZATIONAL TIMELINE



PathForward

Ending Homelessness Together Since 1991



1991

Arlington Street People's Assistance Network (A-SPAN) forms. A-SPAN adopts its first logo, publishes its first brochure, and extends its first program, the Homeless Bagged Meal Program, to five nights.



1992

A-SPAN incorporates as a nonprofit, adopts its by-laws, and contracts with Arlington County for operation of Arlington's Emergency Winter Shelter.



1994

A-SPAN's first-ever program, the Homeless Bagged Meal Program, begins distributing meals every day of the year, rain, snow, or shine.



1995

A-SPAN begins to provide street outreach after United Way funds two part-time Outreach Staff and an Outreach Coordinator.



1999

Opportunity Place opens in Arlington. The HUD-funded day program provides life-sustaining services, and employment center, and case management.



2001

A-SPAN marks its 10th Anniversary.



2002

A-SPAN begins partnership with Rosslyn BID to provide street outreach in Rosslyn.



2004

A-SPAN adopts its second logo.



2005

A-SPAN is highlighted as "One of the Best" local charities and included in The Catalogue for Philanthropy, Greater Washington for the first time.



2007

A-SPAN's Permanent Supportive Housing Program begins and case management to six people who formerly experienced homelessness.



2008

Kathleen Sibert is hired as A-SPAN's new Executive after one of A-SPAN's founders, Executive Director Lora Risak, retires following 17 years of service.



A-SPAN and other area homeless service providers partner and begin Arlington's 10-Year Plan to End Homelessness.



2017

A-SPAN, APAH, and Westover Village Civic Association win Ellen Borman Affordable Housing Award for their collaborative efforts to preserve affordable housing in Arlington's Westover neighborhood.



2016

A-SPAN wins prestigious Compass consultation. A team of Compass experts provides and eight-month consultation on funding strategy in leadup to building acquisition. This lays the foundation for the Streets to Stability Capital Campaign.



2015

A-SPAN opens Arlington's Homeless Services Center, a first-of-its-kind in the DC Metro area. The HSC provides year-round shelter, medical respite, and a range of wraparound services under one roof.



2014

A-SPAN client Mr. Hill becomes the 100,000th person housed through the national 100,000 Homes Campaign.



2012

Arlington County Board approves the purchase of the building at 2020 14th Street North for multi-purpose use including a year-round Homeless Services Center.



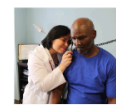
2011

A-SPAN and Arlington's Department of Human Services launches 100 Homes Arlington to house Arlington's most medically vulnerable.



2010

A-SPAN begins offering free medical care through nurse practitioners at its Emergency Winter Shelter.



2009

Through federal stimulus funds, A-SPAN starts the Homelessness Prevention and Rapid Rehousing Program to help individuals who are facing eviction or those recently evicted.



2018

Bank of America names A-SPAN as a 2018 Neighborhood Builders award recipient for the Greater Washington area. President/CEO Kathleen Sibert and COO Leonard Chari begin year-long Neighborhood Builders Leadership Program.



2019

A-SPAN and other area homeless service providers successfully complete Arlington's 10-Year Plan to End Homelessness and begin Action Plan for Ending Homelessness.



A-SPAN contracts with HomeAid on Westover for building renovations that include painting, landscaping, installation of a back patio and basement buildout.

A-SPAN closes on the acquisition of apartment building in Westover. The building provides space, staff, and enhanced services to house Arlington's most vulnerable persons.

A-SPAN kicks off \$1.1 M Streets to Stability Capital Campaign, which supports the purchase of an apartment building.



2020

A-SPAN President / CEO Kathleen Sibert retires after 11 years of service.

Betsy Frantz becomes the permanent President & CEO after serving as Interim Director since January 2020.

The COVID-19 pandemic begins and spreads rapidly across the USA. PathForward quickly implements emergency measures to protect staff, clients, and volunteers. Its doors remain open 24/7, 365.

A-SPAN's Diversity, Inclusion, Equity, & Belonging (DIEB) Task Force is established and convenes for its first meeting.



2021

PathForward launches the Mobile Medical Program, which provides medical outreach to people experiencing street homelessness.



A-SPAN rebrands as PathForward and adopts a new logo.

The Arlington Chamber of Commerce names PathForward a 2021 Nonprofit Business of the Year.



2022

HomeAid Northern Virginia, Builder Captains Van Metre Homes and Toll Brothers, and 22 trade partners donate their time and resources to build a resident services center at Sibert House.



2023

PathForward reopens its doors to volunteers at the center for the first time since the COVID-19 pandemic.

PathForward celebrates its 30th anniversary with the No Place Like Home Celebration!



PathForward, in partnership with Arlington County, has been awarded a new and historic grant from the U.S. Department of Housing and Urban Development (HUD) in the amount of \$1,275,746 that will provide non-congregate transitional housing and rapid re-housing for people experiencing homelessness.



Helping all of our Arlington neighbors
find their paths to dignity and
stability.

2023 IMPACT



TOTAL SERVED IN ALL PROGRAMS

525



HOUSING

411*

Total Housed



MEDICAL SERVICES

21

Served in
medical respite
care



439

Free medical
touchpoints

1100

COVID
tests



438

Prescriptions
provided

HOMELESS SERVICES CENTER

158



Served at HSC



43,883

Meals served

233



Served in hypothermia
program

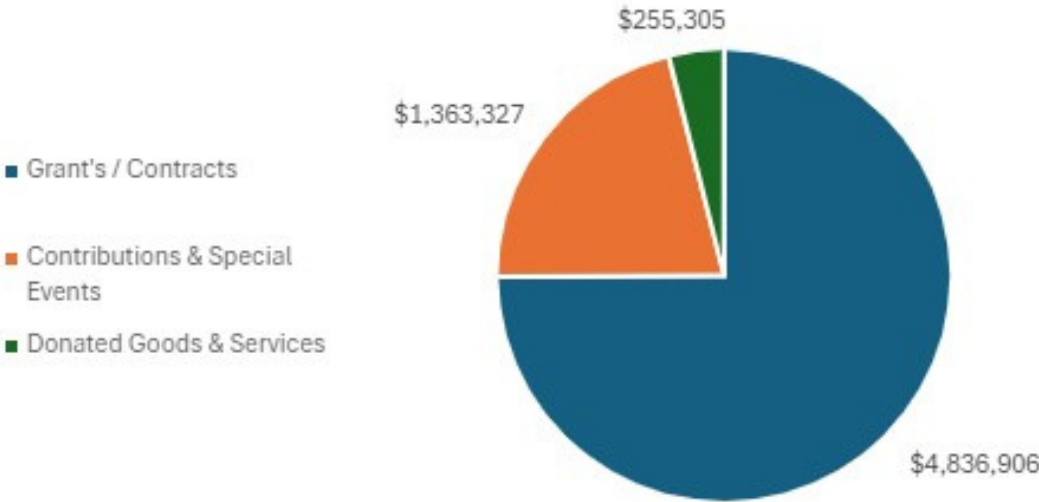
**The number of total people housed is subject to annual fluctuation, based on changes within the federal housing programs.*

Arlington saw a 17% increase in homelessness from 2022 to 2023 and a 110% increase in unsheltered homelessness (from Arlington County Continuum of Care's Point in Time Count in Jan 2023).

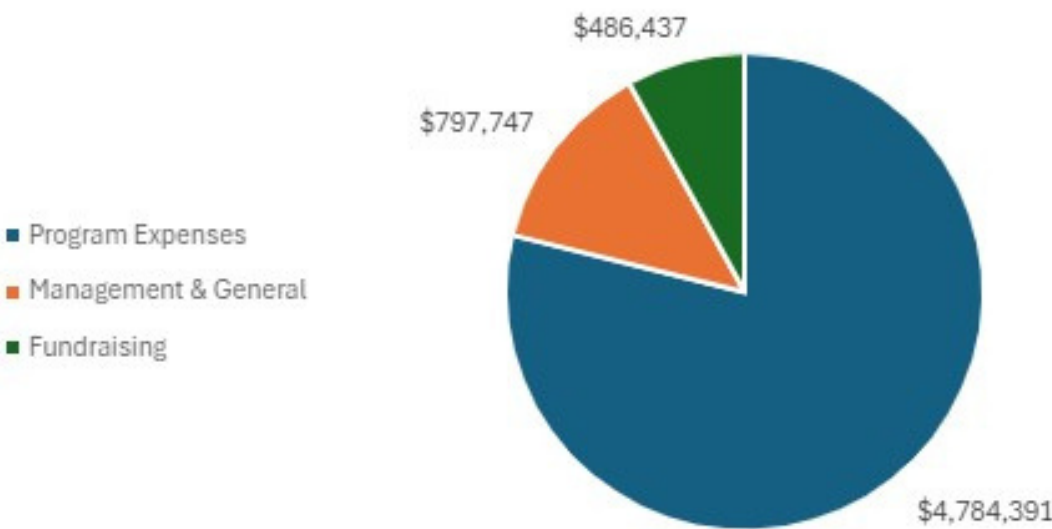
2023 FINANCIALS



Revenue



Expenses



2023 Report to the Community



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