

# PathForward

Empowering people from streets to stability



Monthly News and Updates

October 2022

## It's Almost Time For The Annual Turkey Trot!



We invite you to join us for the  
17th

**Arlington Turkey Trot 5k** on  
Thursday November 24th! The  
trot will begin at Christ Church -  
Arlington. You can either run or  
walk through the streets of Lyon  
Park and Ashton Heights while  
giving thanks for all we have  
and all we have to give! The  
official start time for this event is  
8:00 am. All runners receive an  
Arlington Turkey Trot cotton tee  
and bib. During registration you  
can upgrade to a long sleeve  
performance tee for an  
additional \$20.

Finisher medals will be awarded  
for children 17 & under.

Registration fees are as follows:  
Adults - \$50  
Children (6-17) - \$25  
Children (5 & under) - no  
charge.

## Mark Your Calendars!



PathForward celebrates 30 years of service to the  
Arlington County community on the evening of  
Thursday, May 11, 2023. Our celebration,  
**No Place Like Home** will be held at the **Army Navy  
Country Club**. Stay tuned for more details and a  
formal save-the-date.

## Foundation Spotlight: Bank Of America



**Bank of America Charitable Foundation** has  
awarded PathForward with a grant to foster  
stability for our clients. This grant contributes to the  
funding of critical programs within our continuum of  
services. These programs include but are not  
limited to year-round shelter, three daily meals,  
medical care through a nurse onsite at the  
Homeless Services Center, Mobile Medical  
Program that delivers medical care to those living  
on the street and so much more. Thank you, **Bank  
of America Charitable Foundation**, for your

Join us for the Turkey Trot  
Happy Hour tonight, October  
20, 5:00-7:00 PM, in the 672  
Flats party room (672 N Glebe).

[Register Here](#)

## Causes & Cocktails



Do you know civic-minded young professionals? Invite them to Volunteer Arlington's event *Causes and Cocktails* on November 1 at 5:30 pm. This event will spotlight opportunities to volunteer with local non-profits, including PathForward.

Click the link below to RSVP. This event is free to attend, but we ask that you register in advance. Your time and drink purchases will support the cause! Based on the generosity of our hosts at *The Commentary*, a percentage of drink sales will be donated to the featured nonprofits.

[RSVP Here](#)

## Partner Spotlight: Walk Arlington

generosity and support of our work at PathForward.

## Day Program Immediate Needs



We are in need of men's and women's underwear (all sizes), women's bras (all sizes), socks, and soap for showers. The most immediate need is soap and men's underwear.

If you wish to drop off donations at the Homeless Services Center, view our drop-off hours below.

[View Drop Off Hours](#)

## The Amazon Wishlist Has Arrived!



Who doesn't enjoy creating a wish list? We ask our clients to share items they would like from Amazon. This month we would like to highlight two items that our clients receiving respite are requesting: Ensure Strawberry Flavored High Protein Drink and new, cold-weather sleeping bags (32-degree protection). Respite services are coordinated between hospital case managers and PathForward to ensure that clients experiencing homelessness receive medication following their discharge from the hospital. Click the link below to gift someone with the item(s) they are hoping for this holiday season!

[Gift Here](#)



PathForward had the joy of partnering with Walk Arlington to educate our community on homelessness. We enjoyed meeting fellow Arlington residents looking to make a difference. Thank you for joining us! Visit our social media page to see more photos from the event. If you are interested in doing a walk for your local school, place of employment, place of worship, etc., please reach out to Nina at [nalomar@pathforwardva.org](mailto:nalomar@pathforwardva.org)

[Email Nina](#)

## In The News



PathForward is excited to be the recipient of a generous grant from [Dominion Energy](#). This grant will fund our Medical Mobile Program (MMP). The Medical Mobile Program increases access to medical care for those experiencing homelessness. A team consisting of an outreach worker, case manager, registered nurse, and behavioral specialist visits overpasses, bridges, woods, etc. where people experiencing homelessness are commonly located. This program is completely funded by grants and generous donations from the community. Thank you to our friends at Dominion Energy for believing in and supporting our mission! Read what one news outlet had to say by clicking the button below.

[Read More](#)

## Sponsor Highlight - VHC HEALTH



PathForward and VHC Health collaborate to continue patient care through our Medical Respite Program. “In a climate where hospital beds are in constant demand, we can transfer our patients to the PathForward Medical Respite program, confident they will receive a high level of care.”

Associate Vice President of Population Health at VHC Health and Board Member for PathForward James Meenan. “PathForward and Virginia Health Center (VHC) have collaborated since 2015 to treat, and properly discharge hospital patients who are experiencing homelessness and need additional health support to recover. This process involves hospital case managers identifying patients experiencing homelessness and contacting PathForward prior to their discharge so that we may partner with them to offer respite services.

Our VHC Health partnership played a significant role during the height of the pandemic. Kasia Shaw, Senior Director of Medical Services shared with us the impact of our collaboration with VHC, “Our partnership with VHC Health was critical during the beginning of the COVID pandemic. Access to testing was scarce. VHC Health provided rapid access to testing for our clients. In addition, VHC Health and PathForward Medical Respite have collaborated closely since 2015 on complex cases, to connect our clients to resources in the community to ensure safe discharge plans.” Together we accomplish more!

Learn  
More

Thank you to our Annual Sponsors!

Premier Annual Sponsors



The Geary – O'Hara Family Foundation

Diamond Annual Sponsors



Platinum Annual Sponsors

Koons Arlington Toyota  
Nestlé USA

Gold Annual Sponsors

AT&T  
BHG Financial  
CareFirst BlueCross BlueShield  
CNA  
JBG SMITH  
Stradley Ronon  
Virginia Hospital Center Foundation  
Washington Workplace

Visit our  
Website

Volunteer

Donate



For information regarding how you can make a difference in the lives of people experiencing homelessness, contact Liz Nohra at [lnohra@pathforwardva.org](mailto:lnohra@pathforwardva.org).



PathForward | 2020A 14th Street North, Arlington, VA 22210

[Unsubscribe Inohra@pathforwardva.org](mailto:Inohra@pathforwardva.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [bydwilson@pathforwardva.org](mailto:bydwilson@pathforwardva.org) in collaboration  
with



Try email marketing for free today!